An interdental brush cleans between the teeth, where a toothbrush does not reach. Use daily as a complement to your regular toothbrushing to keep gums and teeth healthy.

TePe’s wide assortment of interdental brushes offers an option for everybody. The brushes are available with a choice of handle lengths, angles and filament texture. To fit narrow and wider interdental spaces, they come in several colour coded sizes. All sizes and models have plastic coated wire for safe use. Your hygienist/dentist can help you choose the proper size(s).

How to brush between your teeth

1. Insert the brush gently between your teeth. Look in the mirror for easier use. Do not force the brush into a space, choose a smaller size if the brush is too big.
2. Move the brush full length back and forth a few times.
3. Rinse the brush in water after use. Replace it when the filaments become worn.

TePe – We care for healthy smiles

TePe is a Swedish company manufacturing and marketing high quality oral hygiene products since 1965. Continuous collaboration with dental expertise has made TePe a leading brand in preventive dental care. All design, development and production takes place at TePe’s headquarters in Malmö, Sweden. The wide TePe range of interdental brushes, toothbrushes and dental sticks is recommended by dental professionals and used by consumers in more than 50 countries worldwide.

For more information visit www.tepe.com
The tooth has 5 sides – do you clean them all?

With the toothbrush you clean the front, back and biting surface of the tooth. It is easy to forget that the tooth has two more sides – between the teeth.

The most common oral diseases start between the teeth. By daily interdental cleaning, both gum disease and cavities can be successfully prevented. TePe offers a wide range of cleaning devices for efficient plaque removal between the teeth.

Did you know that toothbrushing cleans only 60% of the tooth?

Three simple steps to a healthy smile and a fresh breath:

1. Brush your teeth with a toothbrush and fluoride toothpaste twice a day.
2. Clean between the teeth using an interdental brush, floss or dental stick.
3. Use a tongue cleaner to remove bacteria from the tongue.

TePe Interdental Brushes

The original range of TePe Interdental Brushes comprises nine colour coded sizes. The user-friendly handle offers a stable and convenient grip. High quality filaments for maximum efficiency and durability. All sizes come with plastic coated wire for safe use.

A range of extra soft brushes is also available.

TePe Dental Floss

TePe’s dental floss is flat, wide and waxed for optimal plaque removal.

TePe Mini Flosser™ is a small and convenient floss holder for easy use, even in very narrow interdental spaces. It is especially useful for those who find regular floss difficult to handle.

TePe Dental Sticks

TePe’s wooden dental sticks are triangular to fit the natural shape of the interdental space. Available in three sizes, with or without fluoride.

The extra slim plastic stick, suitable for narrow interdental spaces, has a slightly textured surface for a more efficient clean.

Storage and Travel

TePe Micro Holder offers hygienic storage of interdental brushes in the bathroom.

The Travel Case fits six TePe Interdental Brushes original or extra soft.

TePe Interdental Gel with Fluoride

TePe Interdental Gel with Fluoride offers extra protection against cavities between the teeth. The gel is easy to apply with an interdental brush.

TePe Angle™ – the angled interdental brush

This brush is angled for excellent access to all interdental spaces. The slender, angled brush head facilitates use between the back teeth and from the inside. The long, flat handle provides an ergonomic grip and makes it easy to manage. Available in six sizes.